



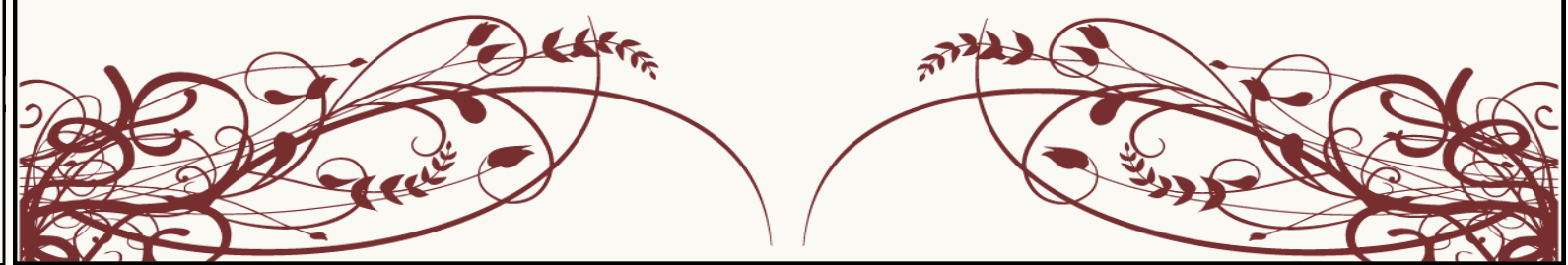
# Menu

Conway Café



Costick Center  
Adults 50 & Better  
28600 Eleven Mile Rd.  
Farmington Hills, MI 48336

# March 2020



*Conway Café*

**Choice of Main Entrée or Alternate Meal Suggested**  
**Donation \$2.75 for Adults 60+**

**Anyone under 60: \$5.00**

- All Main Entrées Include Bread, Fruit, Margarine, and Milk
- All Alternate Meals Include Crackers, Fruit, Margarine, and Milk
- Meals Subject to Change

**Sign up for meals in Conway Café by 11:30 a.m.**



**Lunch served from 12:00 to 12:30 p.m.**

<b>MONDAY 2</b>	<b>TUESDAY 3</b>	<b>WEDNESDAY 4</b>	<b>THURSDAY 5</b>	<b>FRIDAY 6</b>
General Tso Chicken Brown Rice Broccoli / Garden salad <b>NO ALTERNATE</b>	Spanish Cheese Omelet Hash Browns / Maui Blend Vegetables Strawberry Yogurt Parfait / Muffin <b>ALTERNATE</b> Roast Beef French Onion Soup Salad Bar <b>Shredding Day</b>	Italian Pasta Marinara w/Meatballs Italian Blend Vegetables Cucumber Salad <b>NO ALTERNATE</b> <b>Discovering the 4M's</b>	Seasoned Pork Chop Roasted Red Skin Potatoes Spinach Salad / Hot Spiced Apples <b>ALTERNATE</b> Egg Salad Chicken Noodle Soup Salad Bar / Hot Spiced Apples	Mac and Cheese Green Beans Stewed Tomatoes <b>NO ALTERNATE</b> <b>Computer Class</b>
Stuffed Pepper Whipped Potatoes Capri Blend Vegetables <b>ALTERNATE</b> Grilled Cheese Tomato Basil Soup White Rabbit Salad <b>Library Corner</b>	Oriental Orange Ginger Chicken Lo Mein Noodles Winter Blend Vegetables Pineapple w/Cherries / Fortune Cookie <b>ALTERNATE</b> Ham Chef's Choice Soup Salad Bar Pineapple w/Cherries	Hearty Beef and Vegetable Stew Garden Salad / Biscuit Peach Cobbler <b>ALTERNATE</b> Chicken Salad Chef's Choice Soup Salad Bar Peach Cobbler	Seasoned Chicken Breast on Cheese Ravioli Butternut Squash Puree Nantucket Blend Vegetables <b>ALTERNATE</b> Sliced Corned Beef Beef Stew Salad Bar	Fish Sandwich Roasted Sweet Potatoes Green Beans / Super Slaw / Fruit Cup <b>ALTERNATE</b> Veggie Patty Roasted Sweet Potatoes Green Beans / Super Slaw / Fruit Cup
Chicken Marsala Cavatappe Marinara Italian Green Beans Tropical Fruit <b>NO ALTERNATE</b>	Turkey Burger w Swiss Cheesy Potatoes Coleslaw Baked Apples <b>NO ALTERNATE</b> <b>Hats Off to Ireland</b>	White Fish Almandine Vegetable Wild Rice Broccoli w/Cranberries <b>ALTERNATE</b> Sliced Turkey Chef's Choice Soup Salad Bar <b>RED HAT SOCIETY</b>	Corned Beef & Cabbage Potatoes & Carrots Garden Salad <b>ALTERNATE</b> Beef Taco or Taco Salad Veggie Chili <b>Spring!</b> <b>TACO BAR</b>	Roasted Vegetable Lasagna Zucchini & Tomatoes Kale, Broccoli, Spinach Salad <b>ALTERNATE</b> Meat Lasagna Zucchini & Tomatoes Kale, Broccoli, Spinach Salad <b>Friday Film</b>
Asian Beef Pepper Steak Lo Mein Noodles Asian Blend Vegetables Asian Super Slaw <b>ALTERNATE</b> Asian Chicken Strips Lo Mein Noodles Asian Blend Vegetables Asian Super Slaw <b>Total Brain Health</b>	Sweet N Sour Chicken Rice Asian Vegetables <b>NO ALTERNATE</b> <b>Dine &amp; Discover</b>	Shepherd's Beef & Veg Pie Garden Salad Warmed Peaches <b>ALTERNATE</b> Sliced Chicken Chef's Choice Soup Salad Bar / Warmed Peaches	Bratwurst German Potato Salad Capri Blend Vegetables <b>ALTERNATE</b> Egg Salad Vietnamese Chicken Noodle Soup Salad Bar	Veggie Burger w/Bun Vegetarian Baked Beans Honey Spiced Carrots / Fruit Cocktail <b>ALTERNATE</b> Pub Burger w/Bun Vegetarian Baked Beans Honey Spiced Carrots / Fruit Cocktail <b>KARAOKE</b> <b>Computer Class</b>
Seasoned Pork Chop Roasted Red Skin Potatoes Caesar Salad / Spiced Baked Apples <b>ALTERNATE</b> Chicken Breast Roasted Red Skin Potatoes Caesar Salad / Spiced Baked Apples <b>Navigating Probate Court</b>	Salisbury Steak Mashed Potatoes Capri Blend Vegetables / Tropical Fruit <b>ALTERNATE</b> Tuna Salad Tuscan Bean Soup Salad Bar / Tropical Fruit <b>2020 CENSUS</b>			