# Resources

## Mental Health Services
**Oakland County**
- Common Ground
  - 1-800-231-1127
  - 24-hr crisis line & Legal Clinic
  - Seminole Building at Doctors’ Hospital
  - 461 West Huron
  - Pontiac, MI 48341
  - ([www.commongroundhelps.org](http://www.commongroundhelps.org))

- Arab American & Chaldean Council
  - (248) 354-8460 ([www.myacc.org](http://www.myacc.org))
  - 5 locations in tri-county area

- Jewish Family Services
  - ([www.jsfdetroit.org](http://www.jsfdetroit.org))
  - (248) 592-2300

- Genesee County
  - (810) 257-3740
  - ([www.genesee.org](http://www.genesee.org))

- Lapeer, Sanilac or St. Clair Counties
  - (888) 225-4447

- Livingston County
  - (517) 548-4126 or (800) 615-1245 (screening & 24-hr crisis)

- Macomb County
  - (586) 946-0222 (screening)
  - (586) 307-9100 (24-hr crisis)

- Monroe County
  - (734) 243-7340 (screening & 24-hr crisis)

- Wayne County
  - (800) 241-4949

- Washtenaw County
  - (734) 544-3050 or (800) 440-7548

## Substance Abuse Treatment
**Substance Abuse Treatment**
- **Oakland County-PACE**
  - 1200 North Telegraph, Bldg 34 East
  - Pontiac, MI 48341
  - 1-888-450-0900, ext. 85200
  - or (248) 588-5200
  - ([www.oakgov.com/health](http://www.oakgov.com/health))

- **Detroit Residents**
  - Herman Keifer Complex, 1151 Taylor, Bldg #1
  - Detroit MI 48202
  - (800) 467-2452

- **Genesee County**
  - 420 W. Fifth Avenue
  - Flint, MI 48503
  - (810) 257-3740
  - ([www.gencmh.org](http://www.gencmh.org))

- **Livingston**
  - (517) 548-4126 or (800) 615-1245

- **Macomb County**
  - (586) 541-2273 or (810) 484-8884
  - ([www.mcosa.net](http://www.mcosa.net))

- **Wayne & Monroe Counties**
  - **SEMCA**
    - (800) 695-6543 ([www.semca.org](http://www.semca.org))

- **Washtenaw County**
  - (734) 544-3050 or (800) 440-7548

## Dept of Human Services
**Assistance with cash, food, health coverage, child care, utilities.**

Access the assistance application online at:
- ([www.michigan.gov/dhs](http://www.michigan.gov/dhs))

**Information:**
- 1-888-MiBridg ([www.michigan.gov/dhs](http://www.michigan.gov/dhs))

**Oakland County**
- Call for local office information
  - (248) 975-4800

**Wayne County**
- Call for local office information
  - (313) 399-0200

**Macomb County**
- Call for local office information
  - (586) 469-7700

**Employment Training Services**
- **Michigan Works!**
  - (800) 285-9675
  - ([www.michiganworks.org](http://www.michiganworks.org))
  - call or check Website for locations

- **Michigan Rehabilitation Services (MRS)**
  - (248) 706-2600
  - ([www.michigan.gov/mrs](http://www.michigan.gov/mrs))
  - Assist people with disabilities with training, seeking and keeping jobs

## Other Emergency Services And Housing Assistance
**OL-HSA (Oakland Livingston Human Service Agency)** ([www.olhsa.org](http://www.olhsa.org))
- Support services for housing, emergency, HIV/AIDS, family, child, maternal, fatherhood program
- Pontiac office ph # (248) 209-2600
- Ferndale office ph # (248) 542-5850
- Livingston Co (517) 545-8500
- Prisoner Re-entry Program: ph # (248) 830-9630

- **Lighthouse of Oakland County**
  - (248) 920-6100 ([www.lighthouseoakland.com](http://www.lighthouseoakland.com))
  - 46156 Woodward Ave
  - Pontiac, MI 48342
  - Emergency services (food, personal items, utilities, eviction), housing assistance, homeless services

- **Community Housing Network**
  - (248) 926-0111 ([www.communityhousingnetwork.org](http://www.communityhousingnetwork.org))
  - Rental subsidy, leasing assistance, home buying

## General Referral Information for a particular area (by zip code) - contact The United Way information line:
- Dial 211

S.E. Michigan help:
- ([www.liveunitedsemi.org](http://www.liveunitedsemi.org))
- Click on “GET HELP”

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Created by Cindy Fruit-OCJ Program Services
Updated 8/26/11
Homeless shelters and support
1-800-A-SHELTER
Statewide shelter information & locator
COTS-Detroit Shelter
(313) 831-3777 (www.cotsdetroit.org)
Grace Centers of Hope
www.gracecentersofhope.org
35 E Huron
Pontiac, MI 48342
(248) 334-2187
30-day program—must look for job
1-year substance abuse program
Salvation Army—Harbor Light
(313) 361-6136
Detroit, Macomb & Monroe Counties
South Oakland Shelter
10505 W 12 Mile Rd
Lathrup Village, MI 48076
(248) 546-8566
Baldwin Church Warming Center
212 Baldwin
Pontiac, MI
(248) 332-8101
Detroit Rescue Mission Ministries
(313) 933-4700
Delonis Shelter
312 W. Huron
Ann Arbor, MI
(734) 662-2289
(www.annarborshelter.org)
Carriage Town Ministries
603 Garland
Flint, MI
(810) 233-8787
Neighborhood Service Organization
220 Bagley, Suite 1200
Detroit, MI 48226
(313) 981-4890
Gleaner's Food Banks
(313) 923-3535 or (866) 453-2637
Capuchin Soup Kitchen
4390 Conner
Detroit, MI 48215
313-822-8506 ext. 17
1264 Meldrum
Detroit, MI 48207
313-579-2100 ext. 216
Hospitality House—food pantry
Walled Lake
(248) 900-5975

12-Step Resources
Alcoholics Anonymous
www.alcoholics-anonymous.org
Oakland Co Central Office (248) 332-3521
Macomb County Intergroup
(586) 756-8316
AA of Greater Detroit
(877) 337-0511
Detroit/Wayne County Intergroup Office
(313) 931-5550

Marijuana Anonymous
(800) 766-6779
www.marijuana-anonymous.org
Narcotics Anonymous
(248) 543-7200 NA Helpline
www.na.org
Alcoholics for Christ
(800) 441-7877 or (248) 399-9955
www.alcoholicsforchrist.com

Domestic Violence Help
HAVEN—(248) 334-1274 (www.haven-oakland.org)
24-hour Crisis Line: (987) 922-1274
Shelter, counseling and advocacy for domestic violence & sexual assault victims
New Bethel—(248) 333-7010
PO Box 431382
Pontiac, MI 48341
Shelter, meals served daily, clothing, housing assistance
My Sister’s Place/Women’s Justice Center—(313) 371-3985
P.O. Box 13500, Detroit, MI 48213
(Serves Wayne, Oakland and Macomb Counties)
Shelter, emergency food, clothes, domestic violence, legal assistance, medical care
(313) 371-3800 crisis line
Alternatives for Girls—(313) 361-4000 (www.alternativesforgirls.org)
903 W Grand Blvd.
Detroit, MI 48208
Help to get girls and young women off streets
SafeHouse Center—(734) 996-5444 (www.safeshousecenter.org)
Ann Arbor, MI
Emergency shelter for survivors of domestic violence and their children
LACASA—(734) 522-2725 (www.lacasa1.org)
Livingston County
Emergency shelter, advocacy, counseling for victims of domestic violence
Shelter, Inc.—(989) 356-2560 or (800) 399-9129
Alpena, MI
Shelter & supportive services to victims of domestic violence and sexual assault

Parenting
Michigan Parenting Helpline
(800) 942-4357
Parent Resource Center—Detroit Public Schools
(313) 372-7451
Workshops, child care, adult education, job training, computer training
Leaps and Bounds Family Services
Warren (586) 759-3995
CARE of Macomb Parent Education and Training
(586) 541-0833
Northeast Guidance Center Family Life Center
(313) 579-0873

Counseling for abuse and trauma
HAVEN—(248) 334-1284 Also services for men: Intervention in Battering group
www.rainn.org—find counseling for adult survivors of childhood sexual abuse
Daybreak Counseling—(Troy) (248) 524-9800 www.daybreak-counseling.com
Voyage Counseling Center—(Farmington Hills) (248) 478-0466

Health
Oakland County Nurse On Call—(248) 858-1406 or 1-800-648-5533
Help finding medical care, housing, transportation, food resources, answer questions
HIV/STD/Hepatitis testing—contact Health Dept Nurse at (248) 975-9513
Oakland Primary Health Center—46 N. Saginaw, Pontiac (248) 322-6747

Alano Clubs
Detroit Inner City—(313) 852-2121
Downriver—(313) 381-9782
Eastside—(248) 757-9123
Lake Orion—(248) 693-4291
Oakland County—(248) 391-8995
Western Wayne—(734) 941-3941
Waterford Serenity Club—(248) 738-1374