

Meeting Minutes -
COMMISSION ON COMMUNITY HEALTH
May 17, 2023 6:30 P.M.
FARMINGTON HILLS CITY HALL- COMMUNITY ROOM
31555 ELEVEN MILE
FARMINGTON HILLS, MI 48336
(248) 473-1800 www.fhgov.com

APPROVED

Call Meeting to Order and Roll Call: Bernard Hooper called the meeting to order at 6:34 PM. Each member shared their name and introduced themselves to the group.

Members Present: Bernard Hooper, Molly David, Annemarie Diakow, Janay Hill, Eunice Jeffries, Obi Ogbonnaya, Jessica Schefman

Members Absent: Charles (Charlie) Starkman, Leon Small

Others Present: Teresa Jergovich, Mary Newlin

Approval of Minutes – Annmarie moved to approve the minutes, with Molly supporting the motion. The minutes from the April 2023 meeting were approved.

Approval of Agenda: Bernard adds item after #7 Deaf Celebration Day, 2023. Molly moved to approve the agenda for today's meeting, as amended, with Jessica supporting the motion. The agenda for today's meeting was approved.

Police Safety and Crime Prevention Fair - Update: Spoke with various members of the community on the public health subjects they were interested in; obtained contact information and invited individuals to the meetings. Discussion that if we're collecting emails, it might be useful to start a newsletter. Commission would need to nail down the specifics of content creation, publication frequency etc - in order to build/establish relationships with community members. Mary believes a newsletter can be incorporated with the new social media director who has been instrumental in PR for the rock painting events & employment fair.

Farmers Market - Update: Commission is GO for 10/7/23 (9am-2pm) - tent/table prepared at no cost. Prepare for PSA for the month of October. Possibility to work with the youth/family commission for rock painting. Proposed PSA: Health literacy, domestic violence, breast cancer; mindfulness (to bring in younger group and perhaps be ahead of the crowd). Using the topic of mindfulness is good to engage younger generations. Eunice supports the rock painting for farmer's market for attention - Brenard restates to tie in a health component to the rock painting; maybe having all rocks pink already. Extensive discussion surrounding the activity the commission would prepare for October. Strong emphasis on a nutrition based activity with possibility of tying into the back-to-school season. Additional ideas proposed: Eat Healthy Game; make healthy snacks for lunches; live demonstrations of healthy snacks; giving away food or food vouchers with the vendors at the Farmer's Market. Discussion tabled until next meeting: Commission needing to pinpoint the activity, though achieved consensus for October 7, 2023 & and healthy living programming.

May PSA Announcements: Molly created mock up for bookmarks for mental health awareness with QR codes for related videos. Discussed printing the bookmarks on cardstock to utilize budget funding. Printing other resources from NAMI for distribution. Discussed Medicaid renewal as a future and ongoing PSA throughout the summer; community members on Medicaid are at risk to lose benefits until they are re-enrolled. Motion to approve bought by Eunice; supported by Molly. Unopposed. Also need to consider for people who may lose coverage and enroll into a marketplace coverage. Needing to run for medicaid and marketplace.

Deaf Celebration Day, 2023 Deafcan.org: Bernard has a PSA for this; may consider involving differently abled days for accessibility and inclusivity. OCC hosted webinar re: sensitivity training for deaf & hard of hearing. September 30th is Deaf Celebration Day. Discussion around community awareness so that residents may seek traffic signs put up in neighborhoods cautioning of deaf residents in the area. Promoting these signs & providing access would further the mission of the commission to empower people to activate meaningful change for themselves. Through some discussion, Eunice expressed concern for giving food away at the Farmer's Market, as we are not a social welfare organization. A Community Garden was inquired after; or supporting seed/growing food. Teresa added that a study had been done years prior, but too many restrictions made the endeavor prohibitive. Mary agreed to look into the community garden and what restrictions might still exist.

Collaborating with Youth and Family Commission Regarding Paint a Rock Program - Update: Jessica intended to be liaison for the Youth and Family Commission, though was not able to attend their meeting for May 2023 and will attend for the Issues Committee in July.

Budget Year Ends 6/30 - Giveaways for the City Open House, Other Events: The Commission proposed ideas for budget spending: Business size cards for Medicaid re-enrollment; Commission T-Shirts; Purse hand sanitizers; Naloxone; bags to dispose of medications.

Janay proposes introducing and hosting a community slow roll or easy ride, which the commission can also use as an opportunity to promote materials as well as improve the health & movement of participants. Strategy needed for placement of map. Meet at drake park or longacre. Opportunity for businesses to purchase or invest in some kind of way - partner with a fitness studio or end the rides at ice cream parlors. Other community fixtures can also be involved: police for bike tune up or helmets, Youth and Family Commission, and others. The bicycle slow roll has been successful in Oak Park and Detroit. Farmington already has an over 50 group. Opportunity to pepper within the group and meet/talk with members. The commission will need to start with dates/times, if people need to bring bikes in their cars - then we need designated parking (SCHOOLS); then determine the route. Choose a day of the week or a kick off event - use a local trainer for light stretching beforehand. Event giveaways might include helmets or Hawk day passes. The commission will need to investigate which city resources to promote the event. 6:30pm. Discussed necessity of a liability waiver of participants; Teresa agreed to review the 50+ bike group participation agreement. Discussed getting other groups involved. Proposed using the Founder's Festival as a kick off event (July 20 - 22, 2023). Janay will look into business that might be interested in supporting the event.

Member Comments/Announcements: Bernard selected as man of excellence to be honored next month by local newspaper;

Next Meeting: The next commission meeting will be held **June 21, 2023** at 6:30 PM.

Adjournment: Eunice moved to adjourn the meeting, with Molly supporting the motion. Meeting adjourned at 8:19PM.