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## **Farmington SAFE to Host Community Conversation on Black Youth Mental Health Feb. 28**

- Panel of mental health experts discuss youth mental health Feb. 28 at The Hawk.
- Teens, parents and community members encouraged to attend.
- SAFE seeks to remove stigma and provide connections to resources.

**FARMINGTON HILLS, Mich. (Feb. 21, 2024)** – Farmington Suicide Awareness For Everyone (SAFE) is hosting a community conversation on Black youth mental health from **6:30 to 8:30 p.m. on Wednesday, Feb. 28, 2023**, at **The Hawk, located at 29995 W. Twelve Mile Road in Farmington Hills.**

The event, sponsored by the nonprofit Graham E. Smith Memorial Fund, will feature a panel presentation with local mental health experts, including Lorrena Black, Chaplin Dorsett and Jamal Randall. The panel discussion will be followed by smaller group topical discussions led by panel members. There will also be resource tables from local community mental health providers.

With a theme of “Let’s Talk About It,” Farmington SAFE brings together community members, leaders, and mental health experts to remove the stigma around depression and provide a connection to available resources. Anyone interested in getting involved is welcome to attend Farmington SAFE meetings held at 6 p.m. on the second Thursday of each month in the community room at Farmington Hills City Hall, located at 31555 W. Eleven Mile Road.

If you or a loved one are in mental health distress, prevention and crisis resources are available by calling 911 or 988. The 988 Suicide and Crisis Lifeline is a national network of local crisis centers that provide free and confidential emotional support to individuals 24 hours a day, seven days a week in the United States.

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