

Meeting Minutes
COMMISSION ON COMMUNITY HEALTH
September 18, 2024, 6:30 P.M.
FARMINGTON HILLS CITY HALL- COMMUNITY ROOM
31555 ELEVEN MILE
FARMINGTON HILLS, MI 48336
(248) 473-1800 www.fhgov.com

APPROVED

Call Meeting to Order and Roll Call: Molly David called the meeting to order at 6:33 PM. Each member shared their name and introduced themselves to the group.

Members Present: Annemarie Diakow, Jessica Schefman, Charles (Charlie) Starkman, Molly David, Yvette Stines, Janay Hill, Farrah Khan, Ikramuddin Khan

Members Absent: Obi Ogbonnaya, Bernard Hooper, Victor Gardner, Eunice Jeffries, Leon Small,

Others Present: Teresa Jergovch, Jackie Boleware

Approval of Minutes – 5/15/2024 & 6/19/2024: A motion to approve the May 2024 minutes is brought by Ann Marie, with Molly supporting. The Motion approved unopposed. The motion to approve the June 2024 minutes was brought by Charlie; Anne Marie seconded. The motion was approved without opposition.

Approval of Agenda: Jessica moved to approve the agenda and was supported by Charlie. The motion was approved without opposition.

Service Announcements: Continuing the outreach from the past year via community service announcements. October has been shared to the group via email and will be posted within the city's channels - website and social media. October is health literacy and bully prevention awareness month.

Easy Ride Bike Program – Update: One ride was held for the 2024 season. Good turnout at that ride of 10 people. The weather restricted rides - heat advisories. Commissioners' availability and lack of participation also required cancellation. Fun in Farmington Facebook page posts to their social media to help promote. The Commission discussed changing Thursdays. If we want to keep weekly, more commissioners need to participate. Commission needs to decide if the program is worth it. Jessica proposed working with the family commission to get leaders for the rides. Or partner with dungeon fitness to lead the rides. Jackie suggests reducing it to once per month with prizes or passport to complete each month. Partnering with the 50+ group. Will cancel the remaining of season. Commission to have ongoing discussions for next year's program.

LDS October Clothing Distribution - Commission Project: Ikram is serving as liaison for the Church of Latter-Day Saints annual winter clothing giveaway. Teresa stated that 300 vouchers have been distributed at various senior housing facilities. Vouchers are also at the Costick center for persons to pick up. LDS is requesting volunteers for the 2 dates. People with vouchers can enter on Friday, open to the public on Saturday. Ikram gave the LDS chairperson information about a local refugee group who may be interested in the clothing giveaway. Teresa will email the Commissioners the vouchers, flyer, and the sign-up genius information to volunteer at this event.

Fall Events - City Open House 10/5/24: 12-3pm. The commission will distribute the bike safety and suicide information. Commission still has coloring books/crayons, and stickers left over from last year to give away. Molly made a motion to purchase small pumpkins, 2nd by Ikram. Motion passes without opposition. Teresa will purchase the pumpkins. Molly, Farrah, Yvette and Khan will volunteer for the event.

Narcan Training - 10/22/2024: Alliance of Coalition for Healthy Communities hosts Narcan training virtually every Tuesday 7:00 pm-7:30 pm. Upon completion of the training Narcan kits will be mailed to participants home. Training will take place at the Costick Center. Molly stated family members may also attend the training.

Dungeon Fitness: Teresa received an email from the owner to promote their open house on October 5 for fitness and fellowship. The commission was invited to foster community engagement and healthy lifestyle. Ann Marie will attend the Dungeon Fitness open house for the commission and promote the same information as at the city open house.

Fire Department Charity Bike Helmet Sponsorship: The Fire Department has their own 501c3 and received a donation of 10 bikes. The bikes cannot be distributed without helmets. The commission can purchase 10 helmets to help partner with the fire department so the bikes and helmets can be distributed together. Commission is agreeable to purchase helmets in partnership. Molly moves to authorize Theresa to purchase 10 kids helmets and the motion was seconded by Ikram. The motion passed without opposition.

Member Comments/Announcements:

Jessica shared her appointment as chairperson of the Paralegal Committee within the Oakland County Bar Association.

Molly shared an announcement regarding a talk for preventing substance abuse and promote mental health on September 29 at Kirk in the Hills

Khan had a follow up conversation with Dion Williams and confirmed that Huron Valley would fund the health fair. Dave Coulter is interested to be involved on behalf of the county. The Commission will need to provide the space. Further discussion is needed.

Discussion held regarding how the Commission could engage with the community for crisis counseling and other resources. The commission agreed to put this concern on the agenda for the October 2024 meeting.

Next Meeting: The next commission meeting will be held **October 16, 2024**, at 6:30 PM – **In the Community Room.**

Adjournment: Jessica moved to adjourn the meeting which was seconded by Molly. The motion was approved unopposed.