

FARMINGTON

EASY RIDE



Join us
every Thursday in June
at 6:30 pm

Meet at
TRV | FIT

32744 Grand River
Ave.

Their trainer will lead
a warm up before
the ride.

- Family friendly
- Fun way to exercise
- Routes change monthly
- Rides begin at 6:30, weather permitting



Use QR Code for more
information



SPONSORED BY: FARMINGTON HILLS AND FARMINGTON COMMISSION ON COMMUNITY HEALTH

248-871-2400