Resources

Mental Health Services

Oakland County Common Ground 1-800-231-1127

24-hr crisis line & Legal Clinic Seminole Building at Doctors' Hospital 461 West Huron Pontiac, MI 48341 (www.commongroundhelps.org)

Arab American & Chaldean Council (248) 354-8460 (www.myacc.org) 5 locations in tri-county area

Jewish Family Services (www.jfsdetroit.org) (248) 592-2300

Genesee County (877) 346-3648 or (810) 257-3740

Lapeer, Sanilac or St. Clair Counties (888) 225-4447

Livingston County (517) 546-4126 or (800) 615-1245 (screening & 24-hr crisis)

Macomb County (586) 948-0222 (screening) (586) 307-9100 (24-hr crisis)

Monroe County (734) 243-7340 (screening & 24-hr crisis)

Wayne County (800) 241-4949

Washtenaw County (734) 544-3050 or (800) 440-7548

Substance Abuse Treatment

Oakland County-PACE
1200 North Telegraph, Bldg 34 East
Pontiac, MI 48341
1-888-350-0900, ext. 85200
or (248) 858-5200
(www.oakgov.com/health)

Detroit Residents
Herman Keifer Complex,
1151 Taylor, Bldg #1
Detroit MI 48202
(800) 467-2452

Genesee County 420 W. Fifth Avenue Flint, MI 48503 (877) 346-3648 or (810) 257-3740 (www.gencmh.org)

Livingston (517) 546-4126 or (800) 615-1245

Macomb County (586) 541-2273 or (877) 484-8884 (www.mcosa.net)

Wayne & Monroe Counties <u>SEMCA</u> (800) 686-6543 (www.semca.org)

Washtenaw County (734) 544-3050 or (800) 440-7548

Dept of Human Services

Assistance with cash, food, health coverage, child care, utilities.

Access the assistance application online at: www.michigan.gov/dhs

Information: 1-888-MiBridg (1-888-642-7434)

Oakland County
Call for local office information
(248) 975-4800

Wayne County
Call for local office information
(313) 396-0200

Macomb County
Call for local office information
(586) 469-7700

Employment Training Services

Michigan Works! (800) 285-9675 www.michiganworks.org call or check Website for locations

Michigan Rehabilitation
Services (MRS) (248) 706-2600
www.michigan.gov/mrs
Assists people with disabilities
with training, seeking and keeping
jobs

Other Emergency Services And Housing Assistance

OLHSA (Oakland Livingston Human Service Agency) (www.olhsa.org)
Support services for housing, emergency, HIV/AIDS, family, child, maternal, fatherhood program
Pontiac office ph # (248) 209-2600 Ferndale office ph # (248) 542-5860 Livingston Co (517) 546-8500
Prisoner Re-entry Program: ph # (248) 830-9636

<u>Lighthouse of Oakland County</u> (248) 920-6100 (www.lighthouseoakland.com) 46156 Woodward Ave

Pontiac, MI 48342 Emergency services (food, personal items, utilities, eviction), housing assistance, homeless services

Community Housing Network (248) 928-0111 (www.communityhousingnetwork.org) Rental subsidy, leasing assistance, home buying

General Referral
Information for a
particular area (by zip
code) - contact
The United Way
information line:
Dial 211

S.E. Michigan helpwww.liveunitedsem.org Click on "GET HELP"

Homeless shelters and support

1-800-A-SHELTER

Statewide shelter information & locator

COTS-Detroit Shelter

(313) 831-3777 (www.cotsdetroit.org)

Grace Centers of Hope

www.gracecentersofhope.org 35 E. Huron Pontiac, MI 48342 (248) 334-2187

30-day program-must look for job 1-year substance abuse program

Salvation Army-Harbor Light

(313) 361-6136

Detroit, Macomb & Monroe Counties

South Oakland Shelter

18505 W 12 Mile Rd Lathrup Village, MI 48076 (248) 546-6566

Baldwin Church Warming Center

212 Baldwin Pontiac, MI (248) 332-6101

Detroit Rescue Mission Ministries

(313) 993-4700

Delonis Shelter

312 W. Huron Ann Arbor, MI (734) 662-2829

(www.annarborshelter.org)

Carriage Town Ministries

605 Garland

Flint, MI

(810) 233-8787

Neighborhood Service Organization

220 Bagley, Suite 1200 Detroit, MI 48226 (313) 961-4890

Gleaner's Food Banks

(313) 923-3535 or (866) 453-2637

Capuchin Soup Kitchen

4390 Conner Detroit, MI 48215 313-822-8606 ext.17 1264 Meldrum Detroit, MI 48207 313-579-2100 ext. 218

Hospitality House - food pantry

Walled Lake

(248) 960-9975

12-Step Resources

Alcoholics Anonymous

www.alcoholics-anonymous.org Oakland Co Central Office (248) 332-3521 Macomb County Intergroup (586) 756-8316

AA of Greater Detroit

(877) 337-0611

Detroit/Wayne County Intergroup Office (313) 831-5550

Domestic Violence Help

HAVEN-(248) 334-1274 (www.haven-oakland.org)

24-hour Crisis Line: (877) 922-1274

Shelter, counseling and advocacy for domestic violence & sexual assault victims

New Bethel- (248) 333-7010

PO Box 431382

Pontiac, MI 48341

Shelter, meals served daily, clothing, housing assistance

My Sister's Place/Women's Justice Center- (313) 371-3985

P.O. Box 13500, Detroit, MI 48213

(Serves Wayne, Oakland and Macomb Counties)

Shelter, emergency food, clothes, domestic violence, legal assistance, medical care (313) 371-3900-crisis line

Alternatives for Girls- (313) 361-4000 (www.alternativesforgirls.org)

903 W. Grand Blvd.

Detroit, MI 48208

Help to get girls and young women off streets

SafeHouse Center - (734) 995-5444 (www.safehousecenter.org)

Ann Arbor, MI

Emergency shelter for survivors of domestic violence and their children

LACASA - 866-522-2725 (www.lacasa1.org)

Livingston County

Emergency shelter, advocacy, counseling for victims of domestic violence

Shelter, Inc. - (989) 356-2560 or (800) 396-9129

Alpena, MI

shelter & supportive services to victims of domestic violence and sexual assault

Parenting

Michigan Parenting Helpline (800) 942-4357

Parent Resource Center - Detroit Public Schools

(313) 873-7451

Workshops, child care, adult education, job training, computer training

Leaps and Bounds Family Services

Warren (586) 759-3895

CARE of Macomb Parent Education and Training

(586) 541-0033

Northeast Guidance Center Family Life Center

(313) 579-0673

Counseling for abuse and trauma

HAVEN- (248) 334-1284 Also services for men: Intervention in Battering group

www.rainn.org - find counseling for adult survivors of childhood sexual abuse

Daybreak Counseling- (Troy) (248) 524-9800 www.daybreak-counseling.com

Voyage Counseling Center- (Farmington Hills) (248) 478-0466

Oakland County Nurse On Call (248) 858-1406 or 1-800-848-5533

Help finding medical care, housing, transportation, food resources, answer questions

HIV/STD/Hepatitis testing-contact Health Dept Nurse at (248) 975-9513

Oakland Primary Health Center - 46 N. Saginaw, Pontiac (248) 322-6747

Marijuana Anonymous

(800) 766-6779

www.marijuana-anonymous.org

Narcotics Anonymous

(248) 543-7200 NA Helpline www.na.org

Alcoholics for Christ

(800) 441-7877 or (248) 399-9955 www.alcoholicsforchrist.com

Alano Clubs

Detroit Inner City (313) 862-2121

Downriver

(313) 381-9782

Eastside

(248) 757-9123

Lake Orion

(248) 693-4291

Oakland County

(248) 391-8995

Western Wayne (734) 941-3941 Waterford Serenity Club

(248) 738-1374