

**Meeting Minutes**  
**COMMISSION ON COMMUNITY HEALTH**  
**May 18<sup>th</sup>, 2022 6:30 P.M.**  
**FARMINGTON HILLS CITY HALL- COMMUNITY ROOM**  
**31555 ELEVEN MILE**  
**FARMINGTON HILLS, MI 48336**  
**(248) 473-1800 [www.fhgov.com](http://www.fhgov.com)**

APPROVED

**Call Meeting to Order:** Bernard called the meeting to order at 6:27 PM. Each member introduced themselves to the group.

**Members Present:** Charles (Charlie) Starkman, Bernard Hooper, Annemarie Diakow

**Members Absent:** None

**Others Present:** Teresa Jergovich

**Approval of Minutes:** Annemarie Diakow moved to approve the minutes, which Charlie Starkman supporting the motion. The minutes from the March 2022 meeting were approved.

**Approval of Agenda:** Charlie Starkman moved to approve the agenda for today's meeting, with Annemarie Diakow supporting the motion. The agenda for today's meeting was approved.

**Food Insecurity:** Annemarie identified Goodfellows and Meals on Wheels as potential organizations for food donations, along with local churches. Charlie named Adat Shalom as a potential location for food donations, and Teresa noted that the Tawheed Center has a monthly mobile food pantry. Bernard stated that he reached out to the Department of Homeland Security in Wayne County, who will reach out to that department for Oakland County, in order to secure more locations as to where individuals might be able to procure food. In addition, Bernard reached out to an organization that packages meals, and the packages when combined are designed to make a healthy soup. Teresa suggested getting a table at the downtown Farmington farmer's market to advertise the aforementioned program, although Bernard explained that the amount of people that would attend exceeds the market space. Commissioners were tasked to reach out to these locations and obtain contact information.

**QR Codes:** Teresa shared that she reached out to the social media coordinator, who indicated that he would be able to include QR codes on the commission's resource cards. Commissioners agreed that the use of QR codes would appeal to younger folks and lead to easier access to information for community resources.

**Resource Cards:** Bernard stated that the commission has the ability to update the existing resource card. Annemarie inquired as to whether other resources discussed during today's meeting would be included on the updated card, and Bernard suggested that a separate resource card be created for food insecurity resources. Teresa suggested that the resource card focus on mental/behavioral health. The option to combine mental and physical health and

wellness resources is still on the table. At the Costick Center, there are several support groups to address the needs of the senior population in Farmington Hills, and Bernard raised the possibility of creating a support group card as well as a card catered to older adults. There is no set limit to the amount of cards that the commission can create. Factors including font size and the general size of the card were discussed, along with adding the information to the city website. Teresa also reminded the commission that there is currently \$1800 in the budget to spend by June 30, 2022. Bernard stated that this information must be gathered by the end of the month. The commission has committed to the creation of three resource cards.

**Beaumont Health Survey:** Teresa indicated that she sent out the Beaumont Health Survey to the commissioners. Bernard raised concern that this project is beyond the commission's scope based on there being only three commissioners at the present time. Bernard inquired as to when Beaumont might be getting their data back and how they choose to segregate it (i.e. how older adults responded, behavioral health, etc.). Teresa noted that Councilman Ken Massey is on the board of Beaumont. A suggested collaboration could be with Beaumont's Injury Prevention Coordinator to address issues and generate buzz about the commission. Bernard asked if Teresa could find out the cost of a Stop The Bleed class that could be offered at The Hawk or Costick Center. Teresa reminded commissioners of the Narcan training and the possibility of various community engagement opportunities as the size of the commission increases. Bernard suggested that one Narcan training take place at each high school during the academic year; Teresa indicated the possibility of collaborating with the fire department.

**Member Comments/Announcements:** Teresa noted that the Community Room is available on June 15<sup>th</sup> for a meeting. Bernard shared that he is speaking at a tri-county veteran's event in Pontiac this Saturday. The group discussed the potential for sponsoring a suicide prevention event on February 22<sup>nd</sup> of next year (2/22/23), which could be held at The Hawk as Costick Center will be closing next year. Teresa emphasized the importance of including veterans in the commission's programming.

**Next Meeting:** June 15, 2022 at 6:30 PM.

**Adjournment:** Charlie moved to adjourn the meeting, with Bernard supporting the motion. Meeting adjourned at 7:22 PM.