

Meeting Minutes -
COMMISSION ON COMMUNITY HEALTH
April 17, 2024 6:30 P.M.
FARMINGTON HILLS CITY HALL- COMMUNITY ROOM
31555 ELEVEN MILE
FARMINGTON HILLS, MI 48336
(248) 473-1800 www.fhgov.com

APPROVED

Call Meeting to Order and Roll Call: Molly David called the meeting to order at 6:36 PM. Each member shared their name and introduced themselves to the group.

Members Present: Annemarie Diakow, Molly David, Jessica Schefman, Eunice Jeffries, Charles (Charlie) Starkman, Leon Small, Victor Gardner, Janay Hill, Yvette Stines, Ikramuddin Khan

Members Absent: Daniel Konja, Obi Ogbonnaya, Bernard Hooper, Farrah Khan,

Others Present: Teresa Jergovich

Approval of Minutes – 3/20/2024: AnnMarie moved to approve the minutes, with Jessica supporting the motion. The minutes from the March 2024 meeting were approved without opposition.

Approval of Agenda: Charlie Starkman moved to amend the agenda for today's meeting, adding Introductions of New Members to the agenda. The motion to amend for today's meeting was approved.

New Member Introductions: Yvette Stines introduced herself as a resident of Farmington Hills, with experience in health and wellness writing and education. Has been focused on health and wellness activism and education. Victor Gardner introduced himself as a resident of Farmington Hills with his wife and two children. He works in the Henry Ford Health System as a pediatric psychologist for 13 years.

Community Service Announcements: Last month the commission promoted careers in medical field. For April, the commission will promote alcohol awareness month. Molly looking into May for commission awareness announcements. Subjects proposed: mental health awareness, older adult month proposed, children's mental health proposed, healthy vision. National nurses' week is also in May.

Farmers Market – Update: Annmarie

The commission will host the booth at the Farmers market on Saturday June 8th. The commission will need to decide on the handouts and activity. Eunice suggests OCC has 4 dates and is open to ideas on working together with OCC: October 5th OCC will be hosting pumpkin carving during the pancakes with police event. They will also have a Driving simulator, senior health day (tentatively sept 7) sponsored by Corewell health. OCC will also do workforce and health and wellness.

Just suggested QR codes for handouts. Suggestions for theme on June 8th: seeds for planting, healthy movement to promote bike ride, Victor suggested helmets as giveaway. Teresa suggested to raffle off a few helmets. The commission discussed sponsors for a discounted helmet or similar for the participants. The commission will raffle both helmets for adults and children. Teresa to make purchases when approved by the commission. Molly moves to authorize funds for 1 adult and 2 youth helmets. Eunice supports. Will investigate price estimate before May meeting - Teresa to make purchase before June 8. Regarding the commission's budget: last year approximately \$600-\$700 spent. Commission can work to get sponsors, but not necessarily fundraise. To gain sponsors, members should use the mission

statement and flyer to promote for the event and have the tax free notice. Molly moved to Amend the Motion proposed to authorize spending of up to \$350 for helmets for farmers market events and bike events. Victor supports. Irkam seconds. Commission approves without opposition.

Easy Ride Bike Program – Startup and Routes Need to be Submitted ASAP: The commission was advised that there is no bike safety day with the police department scheduled for May. No longer need to plan around it. Commission needs to select a date for the kick-off. Janay has two routes proposed. For the kick-off event, Truefit on grand river to lead a stretch and then begin ride. Trufit to confirm their involvement for the kickoff event. June 6 for the first ride. 6:30pm. Thereafter, Thursdays at 6:30pm through mid-September. Janay will be contact person. But not route leader every week. Molly will be backup contact person.

Routes: Repeat of last year's route. Second route to go down Power Rd. through subdivision and back. Molly proposed Central High School to the Farmhouse, to Middlebelt and back. Eunice suggested to start at OCC or Heritage Park to 12 mile: Dairy Queen. Easy Ride goal would include that each route starts with business or some kind of community engagement. Need to get routes in advance to PD.

Victor suggests lights for safety. Teresa says some are available for free fire dept. Eunice suggests reaching out to SEMCOG to request bike safety kits. Molly mocked up a flyer for website and as handouts. Facebook events allowed as private events, not the city's page. Waivers must be signed by participants once. Suggested that a master list needed for those who have already signed and to track number that participate.

Beautification Event: Members had not expressed interest or availability following the March meeting. The commission will not participate.

Member Comments/Announcements: May's meeting will be in the viewpoint room.

Molly commented on the city's website that each board has a section which the commission can post information and then link to QR codes to that page. Molly would like to integrate the website more with the commission events and announcements. Especially as it related to information on the Easy Ride. Molly to coordinate with the city communications department and Teresa to get items posted as needed. We can make other inquiries to get items posted.

Leon has contact with local beekeepers for farmers market and farm eggs perhaps to be used as giveaways.

Ikrum asked about the Riley archery, would like to offer free lessons but Teresa says the recreation department controls. Sometimes they provide tickets as a raffle, but otherwise, runs independently.

Ikrum provided an update to the health day event. Has been a continuing challenge to get in touch with the liaison. Bernard sent an email as well but was not successful. Will make another attempt and look for new liaison.

Next Meeting: The next commission meeting will be held **May 15, 2024**, at 6:30 PM – **In the Viewpoint Room.**

Adjournment: Molly moved to adjourn the meeting, with Charlie supporting the motion. Meeting adjourned at 7:32 PM.