

**Meeting Minutes -**  
**COMMISSION ON COMMUNITY HEALTH**  
**February 21, 2024 6:30 P.M.**  
**FARMINGTON HILLS CITY HALL- COMMUNITY ROOM**  
**31555 ELEVEN MILE**  
**FARMINGTON HILLS, MI 48336**  
**(248) 473-1800 [www.fhgov.com](http://www.fhgov.com)**

**APPROVED**

**Call Meeting to Order and Roll Call:** Charlie Starkman called the meeting to order at 6:38 PM. Each member shared their name and introduced themselves to the group.

**Members Present:** Charles (Charlie) Starkman, Jessica Schefman, Obi Ogbonnaya, Daniel Konja, Annemarie Diakow, Molly David, Leon Small

**Members Absent:** Bernard Hooper, anay Hill, Eunice Jeffries, Ikramuddin Khan

**Others Present:** Jackie Boleware, Teresa Jergovich

**Approval of Minutes – 01/17/2024:** Jessica moved to approve the minutes, with Molly supporting the motion. The minutes from the January meeting were approved.

**Approval of Agenda:** Molly moved to approve the agenda for today's meeting, with Charlie supporting the motion. The agenda for today's meeting was approved.

**Health Fair:** Ikramuddin provided the club with ideas for the health fair via email after last month's meeting. However, neither Ikramuddin nor Bernard were present to discuss further. Therefore, Health Fair will be tabled to next month's meeting.

**2024 Public Event Booths – Farmers Market, City Open House, Founders Festival, etc.:** Jessica reiterated her previous suggestion that the commission hold a booth at Farmers Market in the spring, ideally May or June. Teresa noted that the Farmers Market is moved to North Farmington High School during the weekend of Founders Festival. Annemarie will plan to contact the Farmers Market coordinator to gain a better idea of available dates, and commission members will determine which dates work best at next month's meeting. The 200<sup>th</sup> anniversary of Farmington celebration was briefly discussed, and Teresa offered to reach out to the city to inquire about a potential collaboration or partnership with the commission.

**Start Up Weekly Bike Ride – FHPD Bike Safety Day:** Teresa spoke with FHPD to discuss a potential collaboration with the commission on Bike Safety Day. Bike Safety Day is held in the fire station parking lot, and bike locks and flashers are given out at the event. Concerns were raised about starting the weekly bike ride in May due to weather concerns and children still being in school. Once the city is aware of logistics, which must be completed by May, the commission is able to post the event on All Things Farmington Facebook page. Teresa will reach out to Janay to determine next steps in terms of routes. Jessica indicated that she had also devised a route for the weekly bike ride. She mentioned that one of the routes is extremely narrow, which may pose a safety concern. Commissioners were in agreement that

four miles is an appropriate length for the bike ride. Teresa suggested reaching out to Dunham's to see if the commission could purchase helmets at a discount. Jessica shared some ideas with commissioners about incentives for participation and using funds from the budget to purchase beads and other fun items. Teresa reminded the commission that as the event grows in size, she will need to reach out to the schools to obtain permission to park in their lots during the summer. Regarding possible routes, Daniel suggested Shiawassee Park as a potential option for the bike ride; commissioners were in support of the park as a possible site.

**New Commissioners:** Teresa shared that the city manager's office has received several applications for new commissioners, as has the city of Farmington. It is estimated by the end of March, the commission will be full, indicating a city-wide interest in community health.

Daniel Konja introduced himself to the commission. He is a lifelong resident of Farmington Hills and attended public schools in the city from kindergarten through high school. He earned his nursing degree from Oakland University. He is currently in school to become a nurse practitioner and runs an IV drip company, and works with another company providing hair transplants. He joined the commission in order to learn more about how commissions function in the public sphere and to contribute his unique expertise to the commission.

**Community Service Announcements:** Molly mentioned that at the last meeting, commissioners discussed healthcare and affiliated careers, as well as the Michigan Reconnect program. She provided examples of informative slides that can be sent to the city webmaster in order to be published by March. This will be an ongoing project that the commission will be engaging in throughout the year. Commissioners expressed interest in promoting prescription drug buy back events at the end of April.

**Community Environmental Planting Project:** Jessica explained that the commission could volunteer with the city's nature center as a group, less focused on planting. On a designated weekend, the commission could participate in a litter clean-up event at a chosen location in the city with the Beautification Committee. Jessica will reach out to the committee and see if anyone would be willing to speak to the commission at the March meeting. Jessica suggested that volunteering at a nursing home could be a great opportunity for outreach in April, especially near Earth Day; commissioners were receptive to this idea. Next month, commissioners will vote on these events.

**Election of Officers - March:** Three spots- chair, co-chair, and secretary- will be open next month. The election will be first on the agenda for next month's meeting. Molly expressed interest in being the chair of the commission.

**Member and Public Comments/Announcements:** Molly brought up the idea of Narcan training, which the commission had discussed briefly, because it is now more visible in the community. Daniel offered to assist Molly with hosting a Narcan training event. Molly will look into this further and discuss at next meeting.

**Next Meeting:** The next commission meeting will be held **March 20, 2024** at 6:30 PM.

**Adjournment:** Charlie moved to adjourn the meeting, with Molly supporting the motion.  
Meeting adjourned at 7:22 PM.