

COSTICK CAFE DINE-IN MEAL PROGRAM

Our Congregate Dining program is now located in Shannon Hall with full-service dining in returning (all meals must be eaten on the premises). Some key points:

You need to preregister by 11 a.m. the day before to reserve your meal. No walk ins.

Service will be from 12 – 12:30 p.m.

Meals must be reserved at least one day in advance by 11 a.m. (ex. If you would like a meal on Monday February 10 you need to reserve by Friday, February 7 at 11 a.m.) Save a phone call. Order all your meals for several days or the month in advance.

All meals must be reserved in advance.

Reserve your meal by calling 248-473-1830.

- Meals are available **only from 12 – 12:30 p.m. in Shannon Hall**
- No exceptions to posted meal.
- Donation age 60+ \$3.50, under 60 \$6.00.


Procedure upon arriving at the Costick Center:

- Enter the Costick Center at door A.
- Swipe i.d. card at registration desk, proceed to Shannon Hall.
- Sign in for lunch and pick up envelope for donation.
- Place donation envelope in box and pick up lunch.
- **The congregate meal is plated for you to eat in Shannon Hall. No carry-out.**
- **No lunch service February 13 & 17.**
- **Lunch will be served in Casey on February 19.**

Nutrition services are funded through Title III, Older Americans Act Funds & distributed through the AgeWay Nonprofit Senior Services and the Office of Aging and Adult Services Agency. Complies with terms and regulations of Title V of Civil Rights Act of 1964 as amended in Section 504 of the Social Rehabilitation Act of 1973. Equal opportunity employee program.

COSTICK DINE-IN MEAL PROGRAM

February 2025 Menu

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|--|---|--|--|--|-----|
| | Lunch will be served in Shannon Hall. | Highlighted dates, lunch will be served in Casey. | | | | 1 |
| 2 | 3 Beef Chimichanga/ Taco Sauce, Refried Beans, Mexican Rice, Pear | 4 Chicken Drumstick, Mashed Potatoes, Capri Blend Vegetables, Garden Salad, Banana | 5 Polish Kielbasa, Sauerkraut, Potato & Carrots, Cinnamon Apple Sauce | 6 Italian Chicken Parmesan, Penne Pasta, Italian Vegetable Blend, Spinach Salad, Orange | 7 Barbeque Beef Sandwich, Roasted Sweet Potatoes, California Vegetable Blend, Apple | 8 |
| 9 | 10 Salisbury Steak & Gravy, Mashed Potatoes, Carrots, Tangerine | 11 Chicken Tortilla Bake, Mexican Corn, Roasted Brussel Sprouts, Garden Salad, Apple | 12 Sloppy Joe, Roasted Sweet Potatoes, Vegetable Blend Super Slaw, Pear | 13 No lunch service MUSIC BIGO | 14  Seasoned Chicken Breast, Cauliflower with Cheese Sauce, Vegetable Blend, Tropical Fruit, Apple Muffin | 15 |
| 16 | 17 Presidents' Day Center Closed | 18 Stuffed Pepper, Mashed Potatoes, Prince Charles Vegetable Blend, Orange | 19 Cod Fish Sandwich, Cheesy Potatoes, Maui Vegetable Blend, Coleslaw, Banana | 20 Chicken Fajita, Peppers & Onions, Black Beans & Rice, Zucchini/Yellow Squash, Apple | 21 Artesian Mac& Cheese, Green Beans, Stewed Tomatoes, Pear | 22 |
| 23 | 24 Chicken Cutlet, Roasted Potatoes, Asiago Cheese Vegetable Blend, Applesauce Cups | 25 Chinese Teriyaki Chicken, White Rice, Oriental Vegetable Blend, Orange | 26 Meat Lasagna, Winter Blend Vegetables, Tropical Fruit Cup | 27 Parmesan Crusted Salmon, Brown & Wild Rice, Venetian Blend Vegetables, Red Grapes | 28 Cheese Stuffed Shells with Marinara & Mozzarella, Italian Green Beans, Garden Salad, Pear | |

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