THE HAWK POOL RULES & REGULATIONS

- 1. Facility lifeguards are trained to prevent accidents and perform basic first responder care. Direct and constant supervision of children is the responsibility of parents and adult guardians.
- 2. Children under the age of 3 or who are not toilet trained must always wear a swim diaper.
- 3. Children under the age of 6 must be accompanied and stay within arm's reach of a parent or guardian.
- 4. Children under the age of 12 must be accompanied by an adult in the pool area.
- 5. Water Slide: Guests 48" and under are prohibited from using the water slide. Guests must follow all posted Water Slide Rules.
- 6. In order to swim in the Deep Pool, guests must first pass a swim test and receive a wristband from an Aquatics Team Member.
 - a. The swim test consists of successfully jumping into the Deep Pool, swimming two lengths of the rock wall side of the pool (approx. 55 ft.) and treading water for one minute without stopping or holding onto the edge.
- 7. Avoid water activity if you have had diarrhea or a contagious disease within the past two weeks.
- 8. Showers are required before entering the pool.
- 9. A person shall not spit in, or otherwise pollute, swimming pool water or related facilities.
- 10. Food/drink not permitted in the pool area. Alcoholic beverages are prohibited. Plastic water bottles only, no glass. Gum is prohibited.
 - a. Swimming under the influence of alcohol is prohibited.
- 11. Appropriate bathing attire is required for swimming. Please no T-shirts, woven fabrics, or street clothes in the water.
- 12. Absolutely no organized coaching, practices or instruction permitted on The Hawk property unless authorized by facility management.
- 13. Street shoes are prohibited on the pool deck.
- 14. No running, diving or rough play at any time.
- 15. Only one person is permitted on the floating pad at one time. Jumping from, standing, or kneeling on the floating pad is prohibited.
- 16. Dunking or hanging on sporting equipment is prohibited, including that of the basketball hoop and volleyball net.
- 17. No standing, sitting, or kneeling on the island or the tiled edges of the pool. Do not hang or swing on handrails or lane lines.
- 18. No breath-holding games or breath-holding training at any time.
- 19. All flotation items and life jackets brought into the Aquatic Center must be U.S.C.G. approved.
- 20. The Aquatic Center schedule is subject to change without prior notice due to reasons beyond our control. Several other rules and guidelines are posted in the Aquatic Center. Employees of The Hawk have the authority to enforce any policy that will help ensure the safety or enjoyment of guests and staff.
- 21. To maintain the privacy of our guests, camera images should be restricted to your family and friends. Conventional and cell phone cameras are strictly prohibited in locker rooms and restrooms.
- 22. The City of Farmington Hills is not responsible for lost or stolen items.

Thanks and enjoy your swim!