

I AM

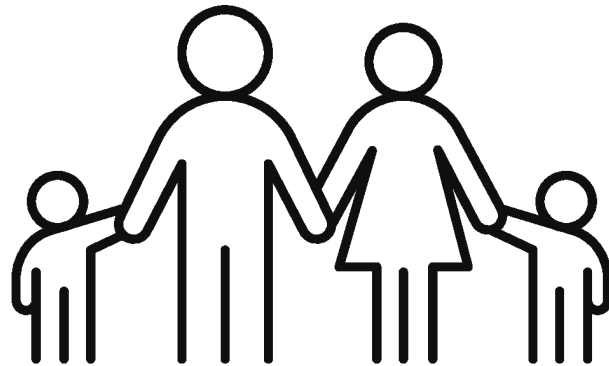
A LIFE

SAFETY



HERO

FOR MY FAMILY



ACTIVITY BOOK



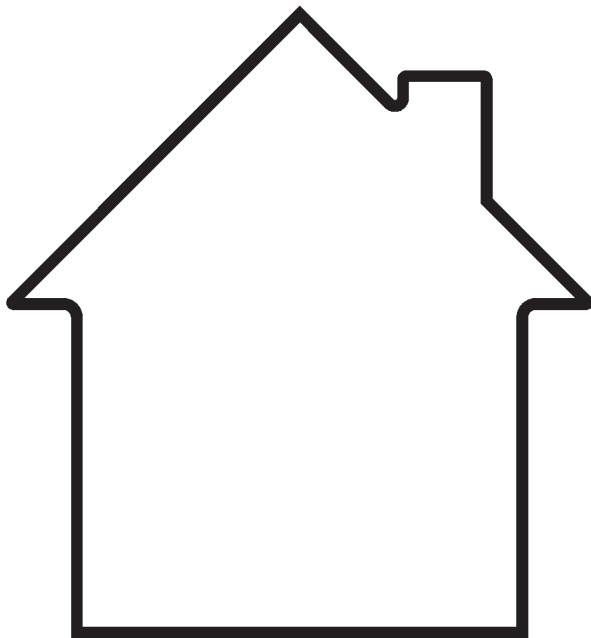
Smoke Alarms

For early warning of a home fire, I need

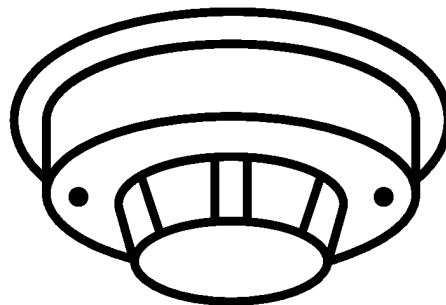


working smoke alarms:

- In each Bedroom
- Outside sleeping areas
- On Each level of the home



Super Power Secret:
Replace all 9Volt alarms
with 10-year sealed
battery alarms



How many alarms do I need?

of Bedrooms _____

of Levels/Floors _____

of Outside Sleeping Areas _____

TOTAL SMOKE ALARMS NEEDED: _____

Carbon Monoxide (CO)

- CO is colorless, odorless, and tasteless.
- CO is produced from the burning of fuel sources (examples below)
- CO causes symptoms like dizziness, headaches, nausea, shortness of breath and flu-like symptoms

Have Working CO Detectors

- On Each Level of home
- Outside Sleeping areas
- Near each CO Source

HOTEL

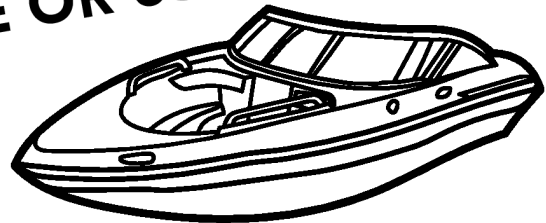


Vacation

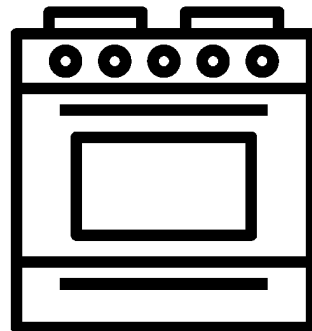
**COLOR WHICH CO SOURCE YOU
HAVE OR USE**



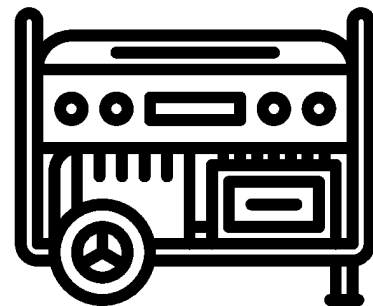
Car running in
garage



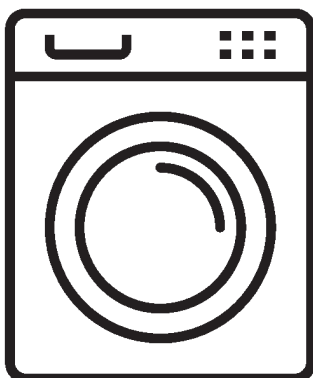
Boating



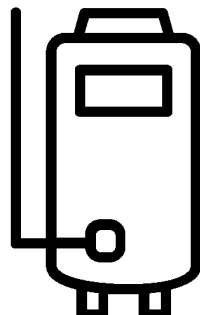
Gas Ovens



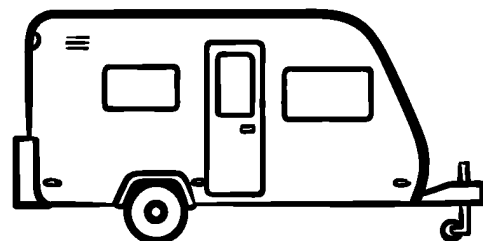
Generator



Gas Dryers



Water Heater



Camping

Escape Plans

- YOU have less than 2 minutes to escape your house
- The fire produces Toxic Smoke
- Breathing the Toxic Smoke will make you fall asleep before you escape

Draw your plan

- How long did it take my family to escape? _____
- Does my family have an escape plan? _____
- My family practices our plan 3xs a year _____
- One practice is in the dark at night _____
- One practice is in winter _____
- My family has 2 ways out of every room _____

Meeting Place

Don't hide - Go Outside!

Where will you and your family meet outside?

Draw your meeting place

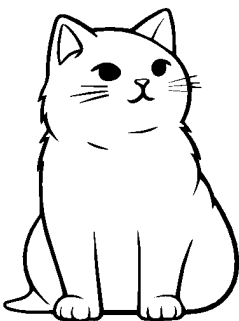
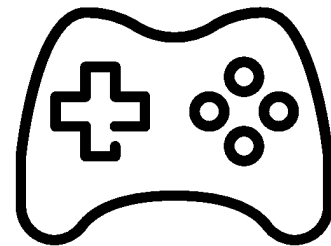
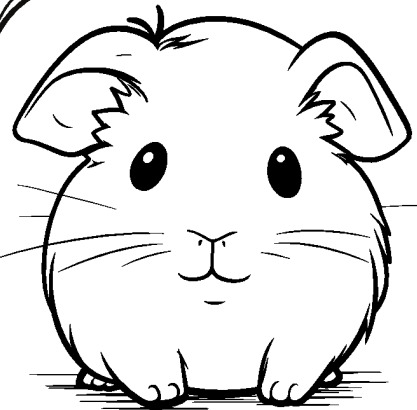
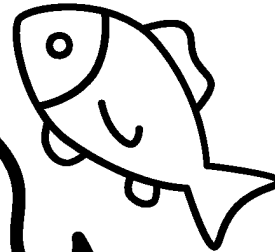
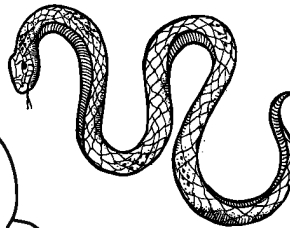
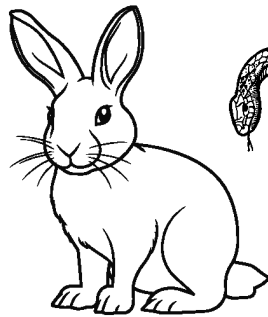
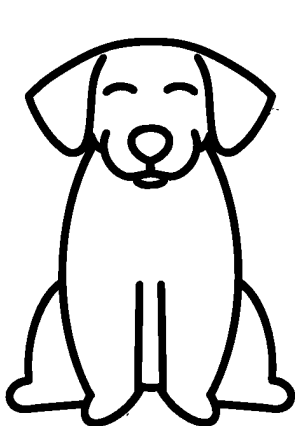
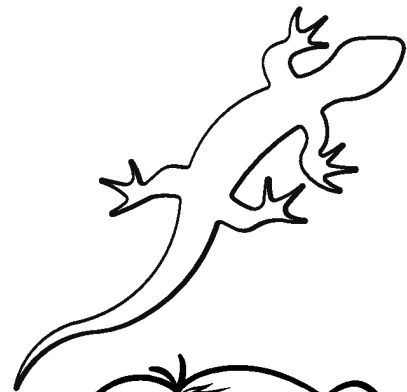
COUNT EVERYONE

**How many family members do you
have in your home?**

Pets?

NEVER go back in a house fire!

- Color the house on fire
- Color your pet or toy you have
- Circle what you should go back in the house to save.



Super Power Secret:
Firefighters are the **ONLY**
people who should go back
in to save your pets or
toys!

Windows to Escape

Did you know that in 82% of fatal fires, the victim was 10 feet from the front door!

Sometimes escaping out the front door is the worst decision because you have to walk through toxic smoke.

Consider other ways to escape and find solutions.

Draw other ways of escaping below: (ex: listed below)

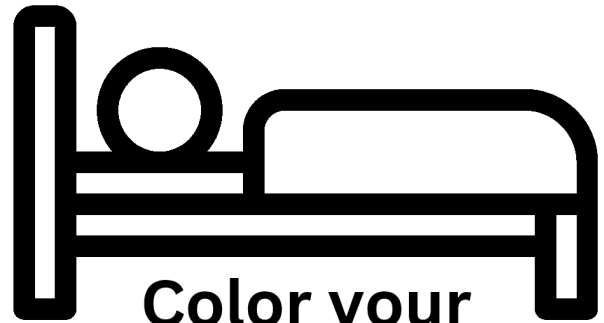
- Escape ladders
- Shut bedroom doors and open the window
- Throw pillows and stuffed animals out of the window for Firefighters to find you on the 2nd floor.



Close Doors



*Color your
bedroom
door*

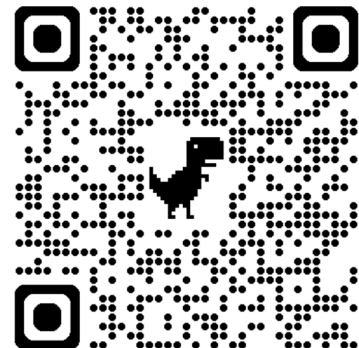


**Color your
blanket on your
bed**

Closing Doors between you and the Toxic Smoke will increase your chance of survival by reducing the toxic smoke you breathe while escaping.

- Close bedroom doors when you sleep
- Close doors while you're escaping a home fire
- Close doors anytime you open a window

Super Power Secret:
Watch this video to see a
real life fire with closed
doors!



Family

When we think of fire safety with family, we may forget about our loved ones who are aging in place or don't live with us.

List all your family members and neighbors who are older than your parents.

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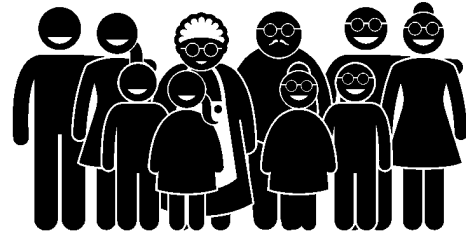
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Make sure each family member has the following and then put a check mark next to their name

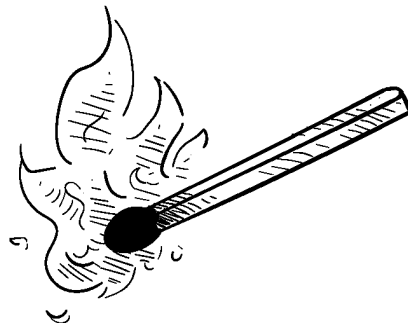
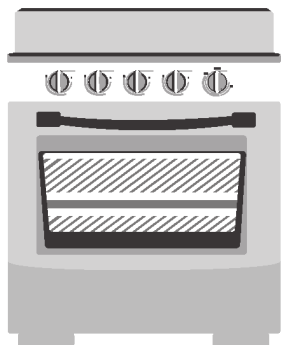
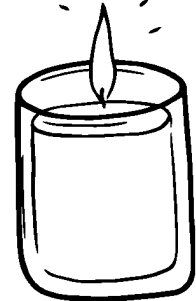
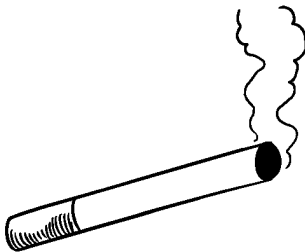
- Working smoke alarms
- Working CO Detectors
- Escape plan
- Can escape out of each room
- Can open windows
- Understand challenges that could prevent them from escaping and find solutions.

Safe or Unsafe?

○ Circle what is safe

Put an **X** through what is **NOT** Safe

Put a Star ★ next to what you can do with your parents.



Emergency Numbers

Fill this out and place it on the back of your bedroom door or on the refrigerator.



Super Power Secret:

**ONLY call 911 in an
Emergecny!**

My Name: _____

My Address: _____

My Phone number: _____

My Neighbors: _____

My grandparents: _____



My mother:



My father:



Fire Department:



Police Department:



My Pediatrician:

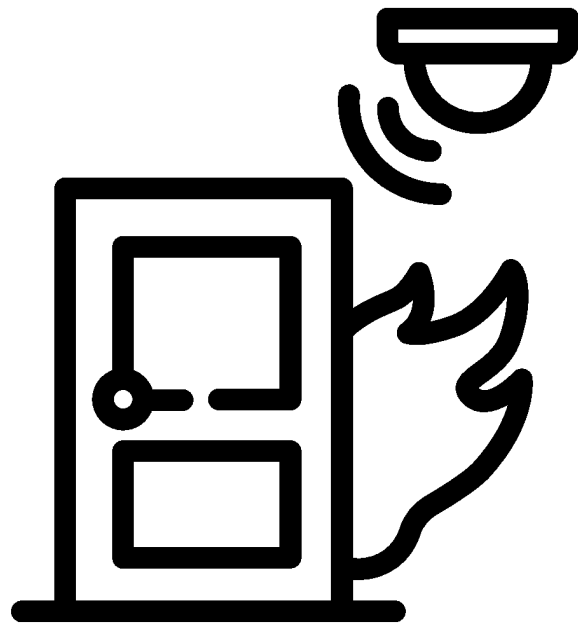


Test Your Alarms

On the 1st of every month, test your Smoke Alarms and CO Detectors!

Put it on the family calendar, or set an alarm in your phone.

S	M	T	W	T	F	S
	X					



List the rooms where alarms are installed

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

Super Power Secret:
Call your grandparents to remind them to test their alarms.



CERTIFICATE OF COMPLETION

This Certificate Is Proudly Presented To



This certifies the above student has successfully completed the Life Safety HERO Activity book. This Activity Book is focused on equipping the student with the essential skills and knowledge required to protect their family and home and increase their survivability in case of a house fire.



Kevin J. Sehmeyer
State Fire Marshal

DETECT THE DANGERS

Join the
**HOME FIRE
SAFETY
PATROL!**



Part 1: The Home Fire Safety Patrol is always on the lookout for fire dangers. Can you find six fire dangers in this picture? Circle the dangers you find.



Part 2: What should you do if you see these fire dangers in your home? To find out, use the words below to complete these sentences.

heater

candle

stove

lighter

smoke alarm

outlet

- When your _____ chirps, it means you need to put in a new battery or get a new smoke alarm. Ask a grown-up to fix it.
- Keep a lit _____ away from things that can burn. Blow it out when there is no grown-up in the room.
- Tell a grown-up if you see a _____ or matches. Ask a grown-up to put them in a place with a lock.
- Too many plugs in the electrical _____ could start a fire. Use only one plug in each wall outlet space.
- Keep an eye on what you fry! A grown-up should always stay nearby when food is cooking on the _____.
- Ask a grown-up to move a space _____ three big steps away from furniture or cloth. Unplug it when a grown-up is not in the room.

Show this activity to a grown-up. You can use it to check for fire dangers in your home.





PROTECT PEOPLE &
PROMOTE BUSINESS



**Thank you for completing our activity book!
Have a fire and CO safe year with your family!**

**Educate your friends and family who do not live with
you on what you learned about fire safety!**

**Below are additional fire safety
resources to visit for more information:**

1. ymiclassroom.com/lesson-plans/sound-off/
2. ymiclassroom.com/lesson-plans/sound-off-app/
3. michiganmedicine.org/health-lab/six-ways-prevent-your-child-playing-fire
4. Sparkyschoolhouse.org
5. MIPrevention.org