

**EVERY
THURSDAY**

START AT 6:30 PM

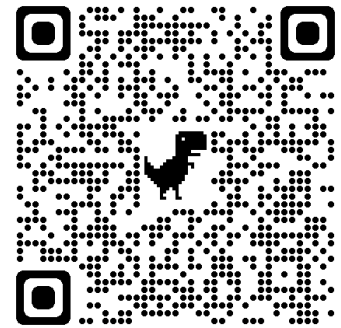
**JUNE 6-
SEPT. 26TH**

FARMINGTON

EASY RIDE



*Stay Safe
AND
Healthy*



Use QR Code for
more information



- **FAMILY FRIENDLY**
- **FUN WAY TO EXERCISE**
- **ROUTES CHANGE MONTHLY**
- **HELMETS REQUIRED**
- **RIDES BEGIN AT 6:30, WEATHER PERMITTING**



SPONSORED BY: FARMINGTON HILLS AND FARMINGTON COMMISSION ON COMMUNITY HEALTH

248-871-2400

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All participants will need to sign a waiver before the ride begins.

Rides are 4 miles total, at an easy pace.

Rides will be cancelled if the weather is poor.

Check social media for updates, call City Hall at 248-871-2400, or email mollyedavid@gmail.com if city Hall is closed.

Routes:

June 6, 13, 20, and 27:
Begin at TrvFit (32744 Grand River Ave)

July 11, 18, 25: Dinan Park
(Grand River and Farmington Rd)

August 1, 8, 15, 22: Central High School (30175 Highmeadow Rd)

September 5, 12, 19, 26
Planet Fitness (27640 Middlebelt Rd)

****No rides on July 4 or August 29.**



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